

MC1753E  
MC1763E

EN User Manual



 **AEG**  
perfekt in form und funktion

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## FOR PERFECT RESULTS

Thank you for choosing this AEG product. We have created it to give you impeccable performance for many years, with innovative technologies that help make life simpler – features you might not find on ordinary appliances. Please spend a few minutes reading to get the very best from it.

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## CUSTOMER CARE AND SERVICE

We recommend the use of original spare parts.

When contacting Service, ensure that you have the following data available.

The information can be found on the rating plate. Model, PNC, Serial Number.



Warning/ Caution-Safety information



General information and tips



Environmental information

Subject to change without notice.

## 1. SAFETY INFORMATION



**IMPORTANT! IMPORTANT SAFETY INSTRUCTIONS: READ CAREFULLY AND KEEP FOR FUTURE REFERENCE.**

If food being heated begins to smoke, **DO NOT OPEN THE DOOR.** Turn off and unplug the oven and wait until the food has stopped smoking. Opening the door while food is smoking may cause a fire. Only use microwave-safe containers and utensils. Do not leave the oven unattended when using disposable plastic, paper or other combustible food containers. Clean the waveguide cover, the oven cavity, the turntable and turntable support after use. These must be dry and free from grease. Built-up grease may overheat and begin to smoke or catch fire. The microwave oven is intended for heating food and beverages. Drying of food or clothing and heating of warming pads, slippers, sponges, damp cloth and similar may lead to risk of injury, ignition or fire.

### 1.1 To avoid the possibility of injury



#### **WARNING!**

Do not operate the oven if it is damaged or malfunctioning.

Check the following before use:

- a) The door; make sure the door closes properly and ensure it is not misaligned or warped.
- b) The hinges and door safety latches; check to make sure they are not broken or loose.

- c) The door seals and sealing surfaces; ensure that they have not been damaged.
- d) Inside the oven cavity or on the door; make sure there are no dents.
- e) The power supply cord and plug; ensure that they are not damaged.

Never adjust, repair or modify the oven yourself. It is hazardous for anyone other than a competent person to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.

Do not allow grease or dirt to build up on the door seals and adjacent parts. Follow the instructions for “Care and cleaning”. Clean the oven at regular intervals and remove any food deposits. Failure to maintain the oven in a clean condition could lead to a deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

Do not attempt to replace the oven lamp yourself or allow anyone who is not authorised by AEG to do so. If the oven lamp fails, please consult your dealer or call an authorised AEG service agent.

**1.2** To avoid the possibility of explosion and sudden boiling



**WARNING!**

Liquids and other foods must not be heated in sealed containers since they are liable to explode.

Microwave heating of beverages can result in delayed eruptive boiling, therefore care has to be

taken when handling the container.

Do not cook eggs in their shells and whole hard boiled eggs should not be heated in microwave ovens since they may explode even after microwave cooking has ended. To cook or reheat eggs which have not been scrambled or mixed, pierce the yolks and the whites, or the eggs may explode. Shell and slice hard boiled eggs before reheating them in the microwave oven.

To avoid burns, always test food temperature and stir before serving and pay special attention to the temperature of food and drink given to babies, children or the elderly.

Keep children away from the door to prevent them burning themselves.

### 1.3 To avoid the misuse by children



#### **WARNING!**

The appliance and its accessible parts become hot during use. Children less than 8 years of age shall be kept away unless continuously supervised.

This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children should be supervised to ensure that they do not play with the appliance. Cleaning and user maintenance shall not be made by children

unless they are aged from 8 years and above and supervised.

This appliance is intended to be used in household and similar applications such as: staff kitchen areas in shops, offices and other working environments; farm houses; by clients in hotels, motels and other residential environments; bed and breakfast type environments.

This appliance is not intended for use at altitudes above 2000m.

#### **1.4 To avoid the danger of fire**

The microwave oven should not be left unattended during operation. Power levels that are too high or cooking times that are too long may overheat foods resulting in a fire. The electrical outlet must be readily accessible so that the unit can be unplugged easily in an emergency. The AC power supply must be 230 V, 50 Hz, with a minimum 10 A distribution line fuse, or a minimum 10 A distribution circuit breaker. It is recommended that a separate circuit serving only this appliance be provided. Do not store or use the oven outdoors.

Do not place flammable materials near the oven or ventilation openings. Do not block the ventilation openings. Remove all metallic seals, wire twists, etc., from food and food packages. Arcing on metallic surfaces may cause a fire. Do not use the microwave oven to heat oil for deep frying. The temperature cannot be controlled and the oil may catch fire. To make popcorn, only use special microwave popcorn makers. Do not store food or any other items inside the oven. Check the settings after you start the oven to ensure the oven is operating as desired. Do not operate the oven with the door open or alter the door safety latches in any way. Do not operate the oven if there is an object between the door seals and sealing surfaces.

Individuals with PACEMAKERS should check with their doctor or the manufacturer of the pacemaker for precautions regarding microwave ovens.

#### **1.5 To avoid the possibility of electric shock**

Under no circumstances should you remove the outer cabinet. Never spill or insert any objects into the door lock openings or ventilation openings. In the event of a spill, turn off and unplug the oven immediately and call an authorised AEG service agent. Do not immerse the power supply cord or plug in water or any other liquid. Do not allow the power supply cord to run over any hot or sharp surfaces, such as the hot air vent area at the top rear of the oven.

If the power supply cord of this appliance is damaged, it must be replaced with a special cord. The exchange must be made by an authorised AEG service agent.

#### **1.6 To avoid the possibility of explosion and sudden boiling**

Never use sealed containers. Remove seals and lids before use. Sealed containers can explode due to a build up of pressure even after the oven has been turned off. Take care when microwaving liquids. Use a wide-mouthed container to allow bubbles to escape.

To prevent sudden eruption of boiling liquid and possible scalding:

- Stir liquid prior to heating/reheating.
- It is advisable to insert a glass rod or similar utensil into the liquid whilst reheating.
- Let liquid stand for at least 20 seconds in the oven at the end of cooking time to prevent delayed eruptive boiling.

Pierce the skin of such foods as potatoes, sausages and fruit before cooking, or they may explode.

## 1.7 To avoid the possibility of burns

Use pot holders or oven gloves when removing food from the oven to prevent burns. Always open containers, popcorn makers, oven cooking bags, etc., away from the face and hands to avoid steam burns.

Temperature of the container is not a true indication of the temperature of the food or drink; always check the food temperature. Always stand back from the oven door when opening to avoid burns from escaping steam and heat. Slice stuffed baked foods after heating to release steam and avoid burns.

Do not lean or swing on the oven door. Do not play with the oven or use it as a toy. Children should be taught all important safety instructions: use of pot holders, careful removal of food coverings; paying special attention to packaging (e.g. self-heating materials) designed to make food crisp, as they may be extra hot.

## 1.8 Other warnings

Never modify the oven in any way. This oven is for home food preparation only and may only be used for cooking food. It is not suitable for commercial or laboratory use.

## 1.9 To promote trouble-free use of your oven and avoid damage

Never operate the oven when it is empty. Doing so may damage the oven. When using a browning dish or self-heating material, always place a heat-resistant insulator such as a porcelain plate under it to prevent damage to the turntable and turntable support due to heat stress. The preheating time specified in the dish's instructions must not be exceeded. Do not use metal utensils, which reflect microwaves and may cause electrical arcing. Do not put cans in the oven. Only use the turntable and the turntable support designed for this oven. Do not operate the oven without the turntable.

To prevent the turntable from breaking:

- Before cleaning the turntable with water, leave the turntable to cool.
- Do not put hot foods or hot utensils on a cold turntable.
- Do not put cold foods or cold utensils on a hot turntable.

Do not place anything on the outer cabinet during operation.

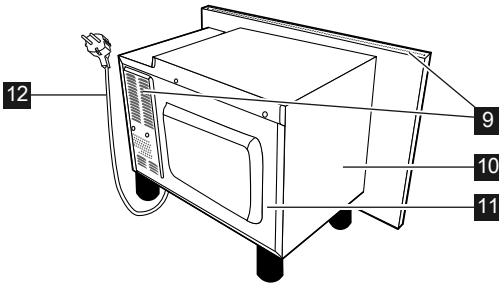
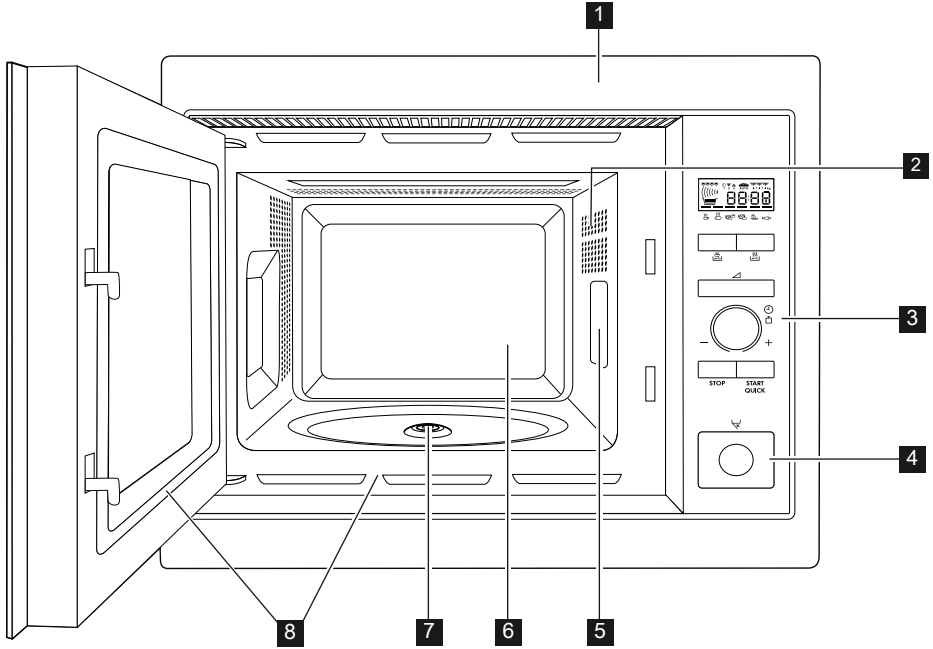


**IMPORTANT!** If you are unsure how to connect your oven, please consult an authorised, qualified electrician.

Neither the manufacturer nor the dealer can accept any liability for damage to the oven or personal injury resulting from failure to observe the correct electrical connection procedure. Water vapour or drops may occasionally form on the oven walls or around the door seals and sealing surfaces. This is a normal occurrence and is not an indication of microwave leakage or a malfunction.

## 2. PRODUCT DESCRIPTION

### 2.1 Microwave Oven

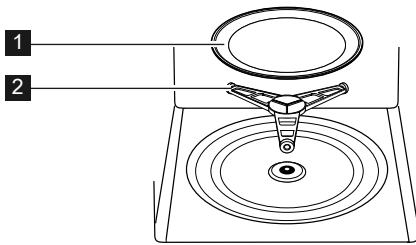


- 1 Front trim
- 2 Oven lamp
- 3 Control panel
- 4 Door opening button
- 5 Waveguide cover
- 6 Oven cavity
- 7 Seal packing
- 8 Door seals and sealing surfaces
- 9 Ventilation openings
- 10 Outer cover
- 11 Rear cabinet
- 12 Power supply cord



## 2.2 Accessories

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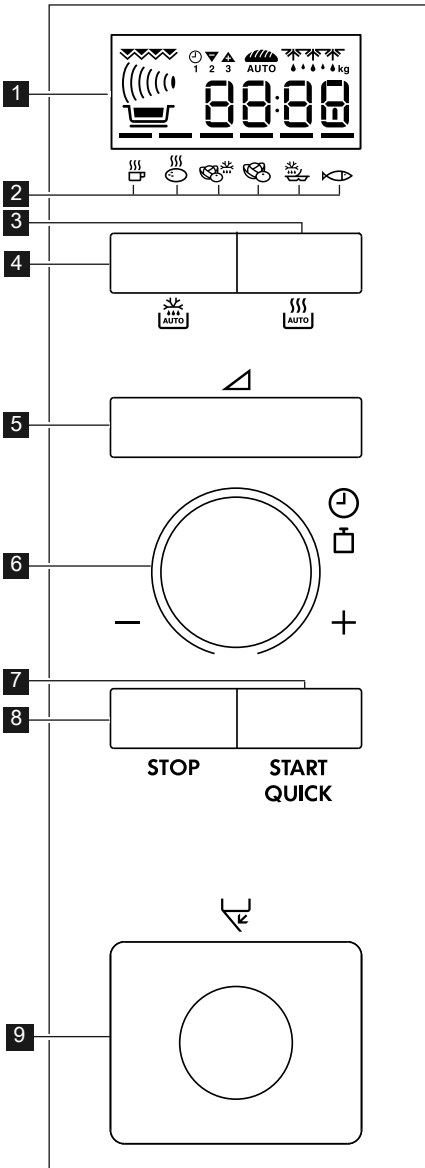
Check to make sure the following accessories are provided:

- 1** Turntable
- 2** Turntable support
  - Place the turntable support in the seal packing on the floor of the cavity.
  - Then place the turntable on the turntable support.
  - To avoid turntable damage, ensure dishes or containers are lifted clear of the turntable rim when removing them from the oven.

**i** When you order accessories, please mention two items: part name and model name to your dealer or an authorised AEG service agent.

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### 3. CONTROL PANEL



**1** Digital display indicators



Microwave



Clock



Cooking stages



Plus/Minus



Auto defrost bread



Auto defrost



Weight

**2** Auto cook indicators

**3** Auto cook button

**4** Auto defrost button

**5** Power level button

**6** Timer/Weight knob

**7** Start/Quick button

**8** Stop button

**9** Door open button

## 4. BEFORE FIRST USE

### 4.1 Econ mode

The oven is set in energy save mode (Econ).



1. Plug in the oven.
2. The display will show: Econ.
3. The display will count down from 3:00 to zero.
4. When zero is reached, the oven goes into Econ mode and the display goes blank.

**i** To cancel Econ mode, set the clock.

### 4.2 Setting the clock



The oven has a 12 and 24 hour clock.


**Example:** To set the clock to 11:30 (12 hour clock).

1. Open the door.
2. The display will show: Econ.
3. Press and hold the **START/QUICK** button for 5 seconds. The oven will beep. The display will show: 
4. Rotate the **TIMER/WEIGHT** knob to adjust the hour.
5. Press the **START/QUICK** button once then rotate the **TIMER/WEIGHT** knob to adjust the minutes.
6. Press the **START/QUICK** button.
7. Check the display: 
8. Close the door.

**i** You can rotate the **TIMER/WEIGHT** knob clockwise or anti-clockwise. If you press the **STOP** button the clock will not be set. The display will show: Econ.

**Example:** To set the clock to 23:30 (24 hour clock).



1. Open the door.
2. The display will show: Econ.
3. Press and hold the **START/QUICK** button for 5 seconds. The oven will beep. The display will show: 
4. Press the **START/QUICK** button. The display will show: 

5. Rotate the **TIMER/WEIGHT** knob to adjust the hour.
6. Press the **START/QUICK** button once then rotate the **TIMER/WEIGHT** knob to adjust the minutes.
7. Press the **START/QUICK** button.
8. Check the display: 
9. Close the door.


**i** You can rotate the **TIMER/WEIGHT** knob clockwise or anti-clockwise. If you press the **STOP** button the clock will not be set. The display will show: Econ.

### 4.3 Adjusting the time when the clock is set

**Example:** To set the clock to 11:45.

1. Open the door.
  2. Press and hold the **START/QUICK** button for 5 seconds. The oven will beep. The display will show: 
- (If you want to change the clock to 24 H, press the **START/QUICK** button again.)
3. Rotate the **TIMER/WEIGHT** knob to adjust the hour.
  4. Press the **START/QUICK** button once then rotate the **TIMER/WEIGHT** knob to adjust the minutes.
  5. Press the **START/QUICK** button.
  6. Check the display: 

### 4.4 To cancel the clock and set Econ mode

1. Open the door.
  2. Press and hold the **START/QUICK** button for 5 seconds. The oven will beep. The display will show: 
- (If you want to change the clock to 24 H, press the **START/QUICK** button again.)
3. Press the **STOP** button.
  4. The display will show: Econ.
  5. Close the door.
  6. The oven will count down from 3:00 to zero.

7. When zero is reached, the oven goes into Econ mode and the display goes blank.

#### 4.5 Using the STOP button

Use the **STOP** button to:

1. Erase a mistake during programming.
2. Stop the oven temporarily during cooking, press once.
3. Cancel a programme during cooking, press twice.

#### 4.6 Child safety lock

The oven has a safety feature which prevents the accidental running of the oven by a child. When the lock has been set, no part of the microwave will operate until the lock feature has been cancelled.

**Example:** To set the child safety lock.

1. Press and hold the **STOP** button for 5 seconds.
2. The oven will beep twice and 'LOC' will be displayed:




- i** To cancel the child safety lock, press and hold the **STOP** button for 5 seconds, the oven will beep twice and the time of day will be displayed. Child safety lock cannot be set if the clock is not set.

## 5. OPERATION

### 5.1 Microwave safe cookware

Cookware	Microwave safe	Comments
Aluminium foil/containers	✓ / ✗	Small pieces of aluminium foil can be used to shield food from overheating. Keep foil at least 2 cm from the oven walls, as arcing may occur. Foil containers are not recommended unless specified by the manufacturer. Follow instructions carefully.
Browning dishes	✓	Always follow the manufacturer's instructions. Do not exceed heating times given. Be very careful as these dishes become very hot.
China and ceramics	✓ / ✗	Porcelain, pottery, glazed earthenware and bone china are usually suitable, except for those with metallic decoration.
Glassware e.g. Pyrex®	✓	Care should be taken if using fine glassware as it can break or crack if heated suddenly.
Metal	✗	It is not recommended to use metal cookware when using microwave power as it will arc, which can lead to fire.
Plastic/polystyrene e.g. fast food containers	✓	Care must be taken as some containers warp, melt or discolour at high temperatures.
Cling film	✓	Should not touch the food and must be pierced to let the steam escape.
Freezer/roasting bags	✓	Must be pierced to let steam escape. Ensure bags are suitable for microwave use. Do not use plastic or metal ties, as they may melt or catch fire due to the metal arcing.
Paper - plates, cups and kitchen paper	✓	Only use for warming or to absorb moisture. Care must be taken as overheating may cause fire.
Straw and wooden containers	✓	Always attend the oven when using these materials as overheating may cause fire.
Recycled paper and newspaper	✗	May contain extracts of metal which will cause arcing and may lead to fire.

## 5.2 Microwave cooking advice

Microwave cooking advice	
Composition	Foods high in fat or sugar (e.g. Christmas pudding, mince pies) require less heating time. Care should be taken as overheating can lead to fire.
Size	For even cooking make all the pieces the same size.
Temperature of food	The initial temperature of food affects the amount of cooking time needed. Cut into foods with fillings (e.g. jam doughnuts) to release heat or steam.
Arrange	Place the thickest parts of food towards the outside of the dish (e.g. chicken drumsticks).
Cover	Use vented microwave cling film or a suitable lid.
Pierce	Foods with a shell, skin or membrane must be pierced in several places before cooking or reheating as steam will build up and may cause food to explode (e.g. potatoes, fish, chicken, sausages).  <b>IMPORTANT!</b> Eggs should not be heated using microwave power as they may explode, even after cooking has ended (e.g. poached, hard boiled).
Stir, turn and rearrange	For even cooking it is essential to stir, turn and rearrange food during cooking. Always stir and rearrange from the outside towards the centre.
Stand	Standing time is necessary after cooking to enable the heat to disperse equally throughout the food.
Shield	Warm areas can be shielded with small pieces of foil, which reflect microwaves (e.g. legs and wings on a chicken).

## 5.3 Microwave cooking

Your oven has 6 power levels.

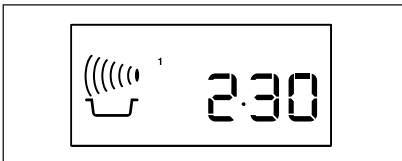
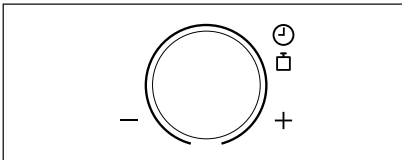
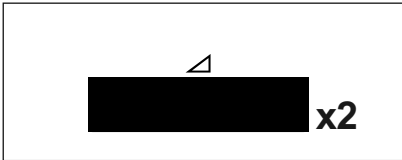
Power setting	Suggested use
800 W/HIGH	Used for fast cooking or reheating (e.g. soup, casseroles, canned food, hot beverages, vegetables, fish).
560 W	Used for longer cooking of dense foods such as roast joints, meat loaf and plated meals, also for sensitive dishes such as cheese sauce and sponge cakes. At this reduced setting, the sauce will not boil over and food will cook evenly without over cooking at the sides.
400 W	For dense foods which require a long cooking time when cooked conventionally (e.g. beef dishes) it is advisable to use this power setting to ensure the meat will be tender.
240 W/DEFROST	To defrost, select this power setting, to ensure that the dish defrosts evenly. This setting is also ideal for simmering rice, pasta, dumplings and cooking egg custard.
80 W	For gentle defrosting (e.g. cream gateaux or pastry).
0 W	For standing/kitchen timer.

W = WATT

Your oven can be programmed for up to 90 minutes. The input unit of cooking time varies from 15 seconds to five minutes. It depends on the total length of the cooking time as shown in the table.

Cooking time	Increasing unit
0-5 minutes	15 seconds
5-10 minutes	30 seconds
10-30 minutes	1 minute
30-90 minutes	5 minutes

**Example:** To heat soup for 2 minutes and 30 seconds on 560 W microwave power.



1. Press the **POWER LEVEL** button twice.
2. Enter the time by rotating the **TIMER/WEIGHT** knob clockwise/ anti-clockwise until 2.30 is displayed.
3. Press the **START/QUICK** button.
4. Check the display.

**! IMPORTANT!**  
If the power level is not selected, 800 W/HIGH is automatically set.

- When the door is opened during the cooking process, the cooking time on the digital display stops automatically. The cooking time starts to count down again when the door is closed and the **START/QUICK** button is pressed.
- If you wish to know the power level during cooking, press the **POWER LEVEL** button once.
- You can increase or decrease the cooking time during cooking by rotating the **TIMER/WEIGHT** knob.
- You can change the power level during cooking by pressing the **POWER LEVEL** button.
- To cancel a programme during cooking, press the **STOP** button twice.

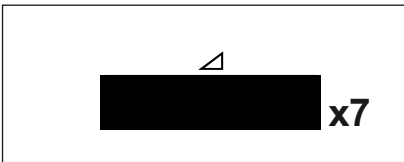
### 5.4 Reduced power level

Cooking mode	Standard time	Reduced power level
Microwave 800 W	20 minutes	Microwave 560 W

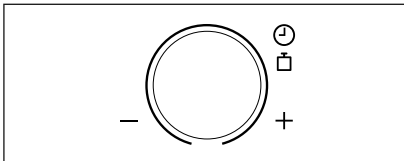
**!** **IMPORTANT!** If you cook the food over the standard time using 800 W, the power of the oven will lower automatically to avoid overheating (the microwave power level will be reduced to 560 W). After pausing for 90 seconds, 800 W power can be reset.

### 5.5 Kitchen timer

**Example:** To set the kitchen timer for 7 minutes.



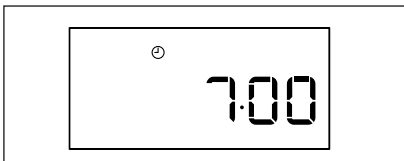
1. Press the **POWER LEVEL** button 7 times.



2. Enter the time by rotating the **TIMER/WEIGHT** knob clockwise/ anti-clockwise until 7.00 is displayed.



3. Press the **START/QUICK** button.



4. Check the display.

**i** To pause the timer, press the **STOP** button. To resume the timer press **START/QUICK**, to exit press **STOP** again.





## 5.6 Add 30 seconds

The **START/QUICK** button allows you to operate the two following functions:

### Direct Start

You can directly start cooking on 800 W/ HIGH microwave power level for 30 seconds by pressing the **START/QUICK** button.


## 5.7 Plus and minus



The **PLUS**  and **MINUS**  function enables you to decrease or increase the cooking time when using the automatic programmes.

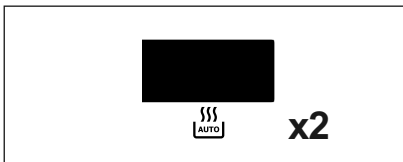
**Example:** To cook 0.3 kg of boiled potatoes, well done.

## Extend the cooking time

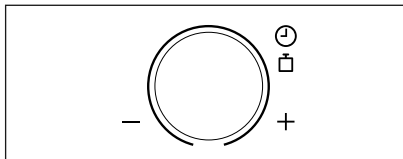
You can extend the cooking time for multiples of 30 seconds if the button is pressed while the oven is in operation.

 You cannot use this function during auto cook or auto defrost.

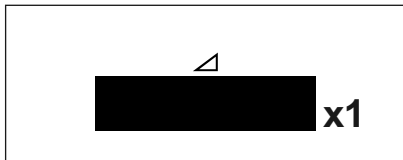
If you prefer boiled potatoes which are cooked but still firm, use **MINUS** . Alternatively, if you prefer boiled potatoes softer, use **PLUS** .



1. Select the menu required by pressing the **AUTO COOK** button twice.



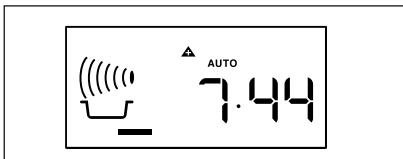
2. Turn the **TIMER/WEIGHT** knob until 0.3 is displayed.




3. Press the **POWER LEVEL** button once to select the **PLUS**  adjustment.




4. Press the **START/QUICK** button.



5. Check the display.

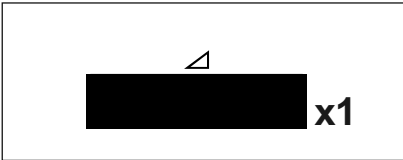
**i** To cancel **PLUS/MINUS**, press the **POWER LEVEL** button 3 times.  
If you select **PLUS**, the display will show .

If you select **MINUS**, the display will show .

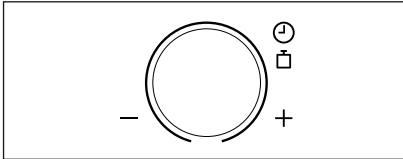
### 5.8 Multiple sequence cooking

A sequence of 3 stages (maximum) can be programmed.

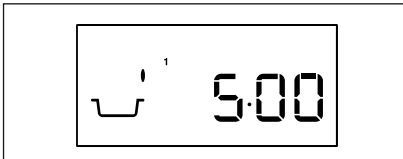
**Example:** To cook:  
Stage 1: 5 minutes 800 W  
Stage 2: 16 minutes 240 W



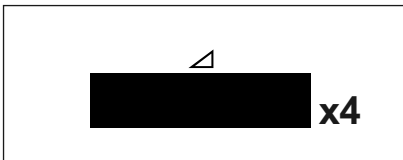
1. Press the **POWER LEVEL** button once.



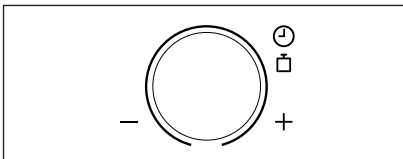
2. Enter the desired time by rotating the **TIMER/WEIGHT** knob clockwise until 5.00 is displayed.



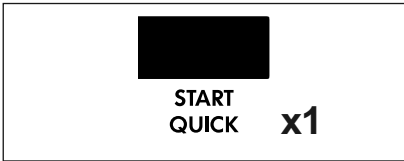
3. Check the display.



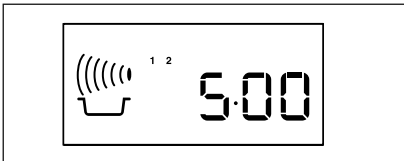
4. Press the **POWER LEVEL** button 4 times.



5. Enter the desired time by rotating the **TIMER/WEIGHT** knob clockwise until 16.00 is displayed.



6. Press the **START/QUICK** button.



7. Check the display.






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The oven will begin to cook for 5 minutes at 800 W and then for 16 minutes on 240 W.

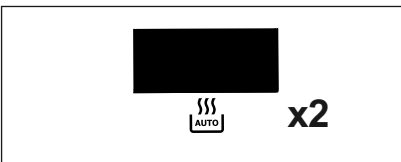
## 5.9 Auto cook and auto defrost

Auto cook and auto defrost automatically works out the correct cooking mode and cooking time. You can choose from 6 auto cook and 2 auto defrost menus.

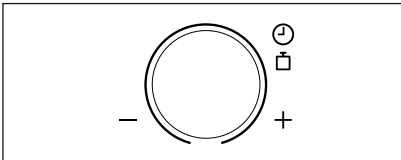
Food	Symbol
Beverage	
Boiled potatoes/ Jacket potatoes	
Frozen vegetables	

Food	Symbol
Fresh vegetables	
Frozen ready meals	
Fish fillet with sauce	
Meat/fish/poultry	
Bread	

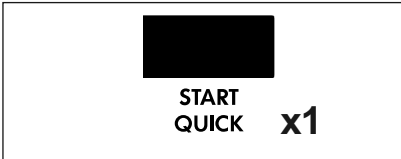
**Example:** To cook 0.3 kg of boiled potatoes.



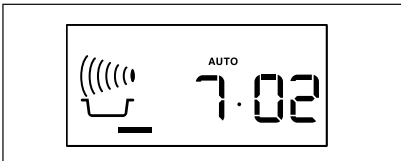
1. Select the menu required by pressing the **AUTO COOK** button twice.



2. Turn the **TIMER/WEIGHT** knob until 0.3 is displayed.



3. Press the **START/QUICK** button.















4. Check the display.

**i** When action is required (e.g. to turn food over) the oven stops and the audible bell sounds, remaining cooking time and the indicator will flash on the display. To continue cooking, press the **START/QUICK** button. At the end of the auto cook/auto defrost time, the programme will automatically stop.

The audible bell sounds and the cooking symbol will flash. After 1 minute and a reminder beep, the time of day will be displayed.






## 6. PROGRAMME CHARTS

### 6.1 Auto cook chart

Auto cook	Weight (increasing unit)/Utensils	Button	Procedure
Beverage (Tea/Coffee) 	1-4 cups 1 cup = 200 ml	 x1	<ul style="list-style-type: none"> <li>Place cup towards edge of turntable.</li> </ul>
Boiled and jacket potatoes 	0.1-0.8 kg (100 g) Bowl and lid	 x2	<p>Boiled potatoes: Peel the potatoes and cut them into similar sized pieces.</p> <p>Jacket potatoes: Choose potatoes of similar size and wash them.</p> <ul style="list-style-type: none"> <li>Put the boiled or jacket potatoes into a bowl.</li> <li>Add the required amount of water, approx. 2 tbsp per 100 g and a little salt.</li> <li>Cover with lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand for approx. 2 min.</li> </ul>
Frozen vegetables 	0.1-0.6 kg (100 g) Bowl and lid	 x3	<ul style="list-style-type: none"> <li>Add 1 tbsp water per 100 g and salt as desired (for mushrooms no additional water is necessary).</li> <li>Cover with lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand approx. 2 min.</li> </ul> <p>If frozen vegetables are compacted together, cook manually.</p>
Fresh vegetables 	0.1-0.6 kg (100 g) Bowl and lid	 x4	<ul style="list-style-type: none"> <li>Cut into small pieces, e.g. strips, cubes or slices.</li> <li>Add 1 tbsp water per 100 g and salt as desired (for mushrooms no additional water is necessary).</li> <li>Cover with lid.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stand for approx. 2 min.</li> </ul>
Frozen ready meals (stirrable) 	0.3-1.0 kg (100 g) Bowl and lid	 x5	<ul style="list-style-type: none"> <li>Transfer meal to suitable microwave-proof dish.</li> <li>Add some liquid if recommended by the manufacturer.</li> <li>Cover with lid.</li> <li>Cook without cover if the manufacturer instructs.</li> <li>When the audible bell sounds, stir and re-cover.</li> <li>After cooking, stir and stand for approx. 2 min.</li> </ul>
Fish fillet with sauce 	0.4-1.2 kg <sup>1)</sup> (100 g) Gratin dish and microwave cling film	 x6	<ul style="list-style-type: none"> <li>See recipes for 'Fish fillet with sauce'.</li> </ul>

<sup>1)</sup> Total weight of all ingredients.

## 6.2 Auto defrost chart

Auto defrost	Weight (increasing unit)/Utensils	Button	Procedure
Meat/fish/poultry   (Whole fish, fish steaks, fish fillets, chicken legs, chicken breast, minced meat, steak, chops, burgers, sausages)	0.2-0.8 kg (100 g) Flan dish		<ul style="list-style-type: none"> <li>Place the food in a flan dish in the centre of the turntable.</li> <li>When the audible bell sounds, turn the food over, rearrange and separate. Shield thin parts and warm spots with aluminium foil.</li> <li>After defrosting, wrap in aluminium foil for 15-45 min, until thoroughly defrosted.</li> <li>Minced meat: When the audible bell sounds, turn the food over. Remove the defrosted parts if possible.</li> </ul> <p> Not suitable for whole poultry.</p>
Bread 	0.1-1.0 kg (100 g) Flan dish		<ul style="list-style-type: none"> <li>Distribute in a flan dish in the centre of the turntable. For 1.0 kg, distribute directly on the turntable.</li> <li>When the audible bell sounds, turn over, rearrange and remove defrosted slices.</li> <li>After defrosting cover in aluminium foil and stand for 5-15 min until thoroughly defrosted.</li> </ul>

- Chilled foods are cooked from 5 °C, frozen foods are cooked from -18 °C.
- Enter the weight of the food only. Do not include the weight of the container.
- For food weighing more or less than weights/quantities given in the Auto cook and defrost charts, use manual operation.
- The final temperature will vary according to the initial temperature. Check food is piping hot after cooking.
- After Microwave mode the cooling fan may come on.
- Steaks and chops should be frozen in one layer.
- Minced meat should be frozen in a thin shape.
- After turning over, shield the defrosted portions with small, flat pieces of aluminium foil.
- The poultry should be processed immediately after defrosting.

### 6.3 Recipes for auto cook

Fish fillet with piquant sauce			
0.4 kg	0.8 kg	1.2 kg	
140 g	280 g	420 g	canned tomatoes, drained
40 g	80 g	120 g	corn
4 g	8 g	12 g	chilli sauce
12 g	24 g	36 g	onion, finely chopped
1 tsp	1-2 tsp	2 tsp	red wine vinegar
			mustard, thyme and cayenne pepper
200 g	400 g	600 g	fish fillet
			salt

1. Mix ingredients for the sauce.
2. Place the fish fillet in a round gratin dish with the thin ends toward the centre and sprinkle with salt.
3. Spread the sauce on the fish fillet.
4. Cover with microwave cling film and cook on auto cook, "Fish fillet with sauce".
5. After cooking, stand for approx. 2 min.

Fish fillet with curry sauce			
0.4 kg	0.8 kg	1.2 kg	
200 g	400 g	600 g	fish fillet
			salt
40 g	80 g	120 g	banana, sliced
160 g	320 g	480 g	ready-made curry sauce

1. Place the fish fillet in a round gratin dish with the thin ends toward the centre and sprinkle with salt.
2. Spread the banana and the ready-made curry sauce on the fish fillet.
3. Cover with microwave cling film and cook on auto cook, "Fish fillet with sauce".
4. After cooking, stand for approx. 2 min.

## 6.4 Cooking charts

### Heating food and drink

Food/drink	Quantity -g/ml-	Power Level	Time -Min-	Method	
Milk, 1 cup	150	800 W	1	do not cover	
Water,	1 cup	150	800 W	1-2	do not cover
	6 cups	900	800 W	10-12	do not cover
	1 bowl	1000	800 W	11-13	do not cover
One plate meal (vegetables, meat and trimmings)	400	800 W	3-6	cover, stir halfway through cooking	
Soup/stew	200	800 W	1-2	cover, stir after heating	
Vegetables	200	800 W	2-3	cover, stir halfway through cooking	
	500	800 W	4-5		
Meat, 1 slice <sup>1)</sup>	200	800 W	3-4	thinly spread sauce over the top, cover	
Fish fillet <sup>1)</sup>	200	800 W	2-3	cover	
Cake, 1 slice	150	400 W	½	place in a flan dish	
Baby food, 1 jar	190	400 W	1	transfer into a suitable microwaveable container, after heating stir well and test the temperature	
Melting margarine or butter <sup>1)</sup>	50	800 W	½	cover	
Melting chocolate	100	400 W	2-3	stir occasionally	

<sup>1)</sup>from chilled

### Defrosting

Food	Quantity -g-	Power Level	Time -Min-	Method	Standing time -Min-
Goulash	500	240 W	8-12	stir halfway through defrosting	10-15
Cake, 1 slice	150	80 W	2-5	place in a flan dish	5
Fruit (e.g. cherries, strawberries, raspberries, plums)	250	240 W	4-5	spread out evenly, turn over halfway through defrosting	5



## Defrosting and cooking

Food	Quantity -g-	Power Level	Time -Min-	Method	Standing time -Min-
Fish fillet	300	800 W	10-12	cover	2
One plate meal	400	800 W	9-11	cover, stir after 6 minutes	2

## Cooking meat and fish

Food	Quantity -g-	Power Level	Time -Min-	Method	Standing time -Min-
Roasts (pork, veal, lamb)	1000	800 W 400 W	19-21 <sup>1)</sup> 11-14	season to taste, place in a shallow flan dish, turn over after <sup>1)</sup>	10
Roast beef (medium)	1000	800 W 400 W	9-11 <sup>1)</sup> 5-7	season to taste, place in a flan dish, turn over after <sup>1)</sup>	10
Fish fillet	200	800 W	3-4	season to taste, place in a flan dish, cover	3

**i** The times shown in the table are guidelines which may vary according to freezing temperature, quality and weight of the foodstuffs.

## 7. CARE AND CLEANING

### CAUTION!

DO NOT USE COMMERCIAL OVEN CLEANERS, STEAM CLEANERS, ABRASIVE, HARSH CLEANERS, ANY THAT CONTAIN SODIUM HYDROXIDE OR SCOURING PADS ON ANY PART OF YOUR MICROWAVE OVEN.

CLEAN THE OVEN AT REGULAR INTERVALS AND REMOVE ANY FOOD DEPOSITS. Failure to maintain the oven in a clean condition could lead to a deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

### Oven exterior

The outside of your oven can be cleaned easily with mild soap and water. Make sure the soap is wiped off with a moist cloth, and dry the exterior with a soft towel.

### Control panel

Open the door before cleaning to deactivate the control panel. Care should be taken when cleaning the control panel. Using a cloth dampened with water only, gently wipe the panel until it becomes clean. Avoid using excessive amounts of water. Do not use any sort of chemical or abrasive cleaner.

### Oven interior

For cleaning, wipe any splatters or spills with a soft damp cloth or sponge after each use while the oven is still warm. For heavier spills, use a mild soap and wipe several times with a damp cloth until all residues are removed. Do not remove the waveguide cover.

Make sure that mild soap or water does not penetrate the small vents in the walls which may cause damage to the oven.

Do not use spray type cleaners on the oven interior.

### Turntable and turntable support

Remove the turntable and turntable support from the oven. Wash the turntable and turntable support in mild soapy water. Dry with a soft cloth. Both the turntable and the turntable support are dishwasher safe.

### Door

To remove all trace of dirt, regularly clean both sides of the door, the door seals and sealing surfaces with a soft, damp cloth. Do not use harsh abrasive cleaners or sharp metal scrapers to clean the oven door glass since they can scratch the surface, which may result in shattering of the glass.

### IMPORTANT!

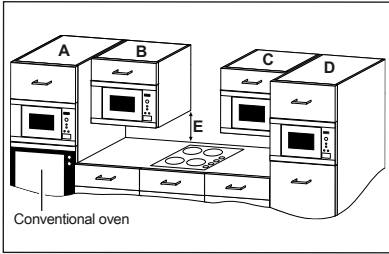
A steam cleaner should not be used.

## 8. TROUBLESHOOTING

Problem	Check if . . .
The microwave appliance is not working properly?	<ul style="list-style-type: none"> <li>• The fuses in the fuse box are working.</li> <li>• There has not been a power outage.</li> <li>• If the fuses continue to blow, please contact a qualified electrician.</li> </ul>
The microwave mode is not working?	<ul style="list-style-type: none"> <li>• The door is properly closed.</li> <li>• The door seals and their surfaces are clean.</li> <li>• The <b>START/QUICK</b> button has been pressed.</li> </ul>
The turntable is not turning?	<ul style="list-style-type: none"> <li>• The turntable support is correctly connected to the drive.</li> <li>• The ovenware does not extend beyond the turntable.</li> <li>• Food does not extend beyond the edge of the turntable preventing it from rotating.</li> <li>• There is nothing in the well beneath the turntable.</li> </ul>
The microwave will not switch off?	<ul style="list-style-type: none"> <li>• Isolate the appliance from the fuse box.</li> <li>• Call an authorised AEG service agent.</li> </ul>
The interior light is not working?	<ul style="list-style-type: none"> <li>• Call your local AEG service agent. The interior light bulb can be exchanged only by a trained AEG service agent.</li> </ul>
The food is taking longer to heat through and cook than before?	<ul style="list-style-type: none"> <li>• Set a longer cooking time (double quantity = nearly double time) or</li> <li>• If the food is colder than usual, rotate or turn from time to time or</li> <li>• Set a higher power setting.</li> </ul>

# 9. INSTALLATION

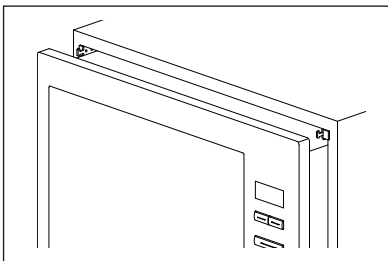
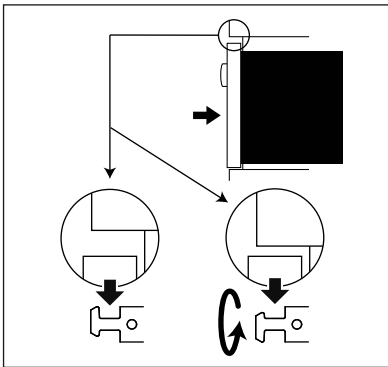
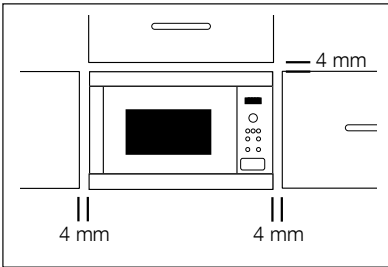
The microwave can be fitted in position A, B, C or D:



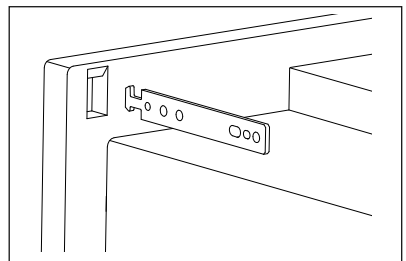
Position	Niche size		
	W	D	H
A	562 x	550 x	360
B+C	462 x	300 x	350
	462 x	300 x	360
	562 x	300 x	350
	562 x	300 x	360
D	462 x	500 x	350
	462 x	500 x	360
	562 x	500 x	350
	562 x	500 x	360
	562 x	500 x	360

Measurements in (mm)

## 9.1 Installing the appliance



1. Remove all packaging and check carefully for any signs of damage.
2. This oven is designed to fit into a 360 mm high cupboard as standard. When fitting into a 350 mm high cupboard:- Unscrew and remove the 4 feet from the bottom of the oven. There are 3 tall feet and 1 short foot. Replace the 3 tall feet with those provided in the accessory pack. Do not replace the short foot.
3. Fit the fixing hooks to the kitchen cupboard using the instruction sheet and template supplied.
4. Fit the appliance into the kitchen cupboard slowly, and without force. The appliance should be lifted onto the fixing hooks and then lowered into place. In the case of interference during fitting, this hook is reversible. The front frame of the oven should seal against the front opening of the cupboard.
5. Ensure the appliance is stable and not leaning. Ensure that a 4 mm gap is kept between the cupboard door above and the top of the frame (see diagram).

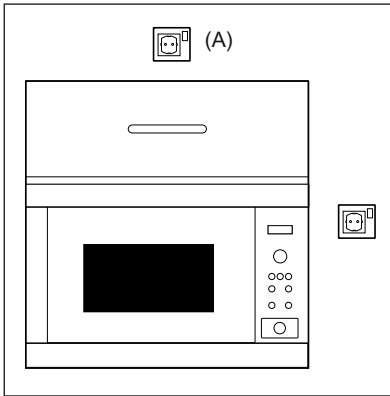


## 9.2 Safe use of the appliance

If fitting the microwave in position B or C:

- The cupboard must be a minimum of 500 mm (E) above the worktop and must not be installed directly above a hob.
- This appliance has been tested and approved for use near domestic gas, electric and induction hobs only.
- Sufficient space between hob and microwave should be allowed to prevent overheating of microwave oven, surrounding cupboard and accessories.
- Do not operate the hob without pans when the microwave oven is operating.
- Care should be taken when attending to the microwave oven while the hob is on.

## 9.3 Connecting the appliance to the power supply



- The electrical outlet should be readily accessible so that the unit can be unplugged easily in an emergency. Or it should be possible to isolate the oven from the supply by incorporating a switch in the fixed wiring in accordance with the wiring rules.
- The socket should not be positioned behind the cupboard.
- The best position is above the cupboard, see (A).
- Connect the appliance to a single phase 230 V/50 Hz alternating current via a correctly installed earth socket. The socket must be fused with a 10 A fuse.
- The power supply cord may only be replaced by an electrician.
- Before installing, tie a piece of string to the power supply cord to facilitate connection to point (A) when the appliance is being installed.
- When inserting the appliance into the high-sided cupboard, DO NOT crush the power supply cord.
- Do not immerse the power supply cord or plug in water or any other liquid.

## 9.4 Electrical connections



**WARNING!**  
THIS APPLIANCE MUST BE  
EARTHED

If the plug that is fitted to your appliance is not suitable for your socket outlet, you must call your local AEG service agent.

The manufacturer declines any liability should this safety measure not be observed.

## 10. TECHNICAL INFORMATION


AC Line Voltage	230 V, 50 Hz, single phase	
Distribution line fuse/circuit breaker	Minimum 10 A	
AC Power required:	Microwave	1.2 kW
Output power:	Microwave	800 W (IEC 60705)
Microwave Frequency	2450 MHz <sup>1)</sup> (Group 2/Class B)	
Outside Dimensions:	MC1753E	494 mm (W) x 371 mm (H) x 316 mm (D)
	MC1763E	594 mm (W) x 371 mm (H) x 316 mm (D)
Cavity Dimensions	285 mm (W) x 202 mm (H) x 298 mm (D) <sup>2)</sup>	
Oven Capacity	17 litres <sup>2)</sup>	
Turntable	ø 272 mm, glass	
Weight	approx. 16 kg	
Oven lamp	25 W/240-250 V	

- 1) This Product fulfils the requirement of the European standard EN55011. In conformity with this standard, this product is classified as group 2 class B equipment. Group 2 means that the equipment intentionally generates radio-frequency energy in the form of electromagnetic radiation for the heat treatment of food.
- 2) Class B equipment means that the equipment is suitable to be used in domestic establishments. Internal capacity is calculated by measuring maximum width, depth and height. Actual capacity for holding food is less.


This oven complies with the requirements of Directives 2004/108/EC, 2006/95/EC, 2009/125/EC and 2011/65/EU.

SPECIFICATIONS ARE SUBJECT TO CHANGE WITHOUT NOTICE AS PART OF CONTINUOUS IMPROVEMENT

## 11. ENVIRONMENT CONCERNS

Recycle materials with the symbol . Put the packaging in applicable containers to recycle it.

Help protect the environment and human health and recycle waste electrical and electronic appliances.

Do not dispose of appliances marked with the symbol  with household waste. Return the product to your local recycling facility or contact your municipal office.



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TINS-B123URR0

